



1  
00:00:02,586 --> 00:00:05,416  
This is a live view in  
the flight control room

2  
00:00:05,416 --> 00:00:06,566  
at the Johnson space Center.

3  
00:00:06,936 --> 00:00:09,336  
You're seeing a view of  
the Orbit Two Team which is

4  
00:00:09,336 --> 00:00:10,796  
in the early part their shift.

5  
00:00:10,796 --> 00:00:12,846  
They just came on duty  
here about two hours ago.

6  
00:00:13,316 --> 00:00:16,646  
This team being led by Flight  
Director Matt Abbott who is just

7  
00:00:16,646 --> 00:00:18,686  
in the view here  
in the solid blue.

8  
00:00:18,686 --> 00:00:21,436  
He's leading this flight control  
team and being supported closely

9  
00:00:21,776 --> 00:00:24,996  
by astronaut Ricky Arnold who  
is sitting to Matt's right,

10  
00:00:24,996 --> 00:00:26,186  
or at the center of this view.

11  
00:00:26,616 --> 00:00:28,726  
He is an astronaut

representing the crew office

12

00:00:28,786 --> 00:00:31,836  
and also being supported  
by Kathy Bolt who is also

13

00:00:31,836 --> 00:00:34,106  
in this view and she's  
been highly involved

14

00:00:34,106 --> 00:00:36,006  
in the activities today as well.

15

00:00:36,046 --> 00:00:38,746  
Both of them again serving  
as the Capcom and the voice

16

00:00:38,746 --> 00:00:40,666  
of the flight control team  
with the onboard crew.

17

00:00:41,176 --> 00:00:46,676  
The crew woke up at  
midnight central time

18

00:00:46,856 --> 00:00:49,286  
which is the regular wake up  
time for the onboard crew.

19

00:00:49,866 --> 00:00:52,546  
They had some personal time  
and hygiene before breakfast

20

00:00:53,086 --> 00:00:55,576  
and then had their morning  
inspection of the vehicle

21

00:00:55,886 --> 00:00:59,876  
and some other start up tasks  
including experiment samples.

22

00:01:00,406 --> 00:01:04,296

Once they had their  
personal time

23

00:01:04,296 --> 00:01:05,706

and breakfast they  
started their day

24

00:01:05,706 --> 00:01:08,126

with the daily planning  
conference, a chance to tag

25

00:01:08,126 --> 00:01:10,606

up with their supporting control  
centers before beginning the

26

00:01:10,606 --> 00:01:11,536

activities for the day.

27

00:01:11,536 --> 00:01:15,186

First up for Commander Kevin  
Ford was the Reaction self-test

28

00:01:15,186 --> 00:01:16,816

which is a small self-test

29

00:01:16,816 --> 00:01:20,266

that helps onboard crew  
members assess their and fatigue

30

00:01:20,266 --> 00:01:21,606

on performance levels on board.

31

00:01:21,996 --> 00:01:25,646

He also had some activities with  
the video camera install as well

32

00:01:25,816 --> 00:01:29,026

as reconfigurations of storage  
and equipment in the node

33

00:01:29,026 --> 00:01:32,516  
as part of ongoing work with the  
Internal Thermal Control System

34

00:01:32,516 --> 00:01:34,586  
which he's been working  
on throughout this week.

35

00:01:35,006 --> 00:01:37,816  
Today's activity included  
refilling of the cooling loops

36

00:01:37,816 --> 00:01:38,836  
in the Columbus module.

37

00:01:41,016 --> 00:01:42,416  
His fellow colleague

38

00:01:42,416 --> 00:01:45,726  
and astronaut Chris  
Hadfield also performed

39

00:01:45,726 --> 00:01:47,526  
that Reaction self-test  
and then worked

40

00:01:47,526 --> 00:01:50,956  
on the lab window configurations  
for the ISERV study,

41

00:01:51,406 --> 00:01:53,816  
that is the Servir  
Environmental Research

42

00:01:53,816 --> 00:01:55,266  
and Visualization System.

43

00:01:55,656 --> 00:01:58,136

It's an automated system  
designed to acquire images

44

00:01:58,136 --> 00:02:00,346

of the Earth's surface from the  
International Space Station.

45

00:02:00,916 --> 00:02:03,776

And it's primarily a means to  
gain experience and expertise

46

00:02:04,156 --> 00:02:05,886

in automated data acquisition

47

00:02:05,886 --> 00:02:08,176

from the space station  
although it's expected

48

00:02:08,246 --> 00:02:10,876

to provide useful images for  
use in disaster monitoring

49

00:02:10,876 --> 00:02:14,366

and assessment of  
environmental factors as well.

50

00:02:15,276 --> 00:02:18,936

Hadfield also had time  
for exercise and assisted

51

00:02:18,986 --> 00:02:21,896

with the thermal control  
system water collection.

52

00:02:22,316 --> 00:02:25,776

He also performed power sensor  
indicator tests and worked

53

00:02:25,776 --> 00:02:29,266  
with Robonaut, the onboard  
robot as seen in this view.

54  
00:02:31,986 --> 00:02:34,686  
Meanwhile, their colleague  
astronaut Tom Marshburn worked

55  
00:02:34,686 --> 00:02:38,166  
on water reclamation  
condensate sampling as well

56  
00:02:38,166 --> 00:02:41,896  
as Water Processing Assembly  
software upgrades and work

57  
00:02:42,146 --> 00:02:45,226  
on the configurations of the  
Combustion Integration Rack.

58  
00:02:46,496 --> 00:02:48,966  
Meanwhile, their cosmonaut  
colleagues likewise were working

59  
00:02:48,966 --> 00:02:50,286  
in the Russian side  
of the segment

60  
00:02:50,466 --> 00:02:53,676  
where they conducted various  
laptop updates, exercise

61  
00:02:53,676 --> 00:02:56,326  
and performed more sessions  
of the Typology experiment

62  
00:02:56,666 --> 00:02:58,706  
which studies a crew  
member's ability to perform

63

00:02:58,706 --> 00:03:00,026  
and communicate under stress.

64

00:03:01,946 --> 00:03:05,516  
With those tasks  
complete the crew broke

65

00:03:05,516 --> 00:03:08,796  
for a shared mid-day meal and  
then started their afternoon

66

00:03:08,796 --> 00:03:10,756  
with the space station  
emergency drill.

67

00:03:11,146 --> 00:03:15,306  
This is an activity that is done  
regularly but not frequently

68

00:03:15,566 --> 00:03:17,876  
and it was a full  
integrated simulation

69

00:03:17,876 --> 00:03:21,316  
of an emergency scenario aboard  
the space station complex.

70

00:03:21,826 --> 00:03:24,256  
This was done with the full  
crew, as well as full support

71

00:03:24,256 --> 00:03:26,806  
from the ground control team  
in Houston and all locations

72

00:03:27,196 --> 00:03:28,946  
with all the flight  
controllers following along

73

00:03:28,946 --> 00:03:32,106

and simulating all calls and actions just as they would

74

00:03:32,106 --> 00:03:33,996

in a real life emergency situation.

75

00:03:34,486 --> 00:03:37,746

That drill lasted about an hour and simulated an ammonia leak

76

00:03:37,836 --> 00:03:40,186

in the Destiny laboratory thermal control system.

77

00:03:40,716 --> 00:03:42,006

Following the sim the crew

78

00:03:42,006 --> 00:03:44,386

and the flight control team had an integrated conference

79

00:03:44,386 --> 00:03:46,616

and debrief to talk through the exercise.

80

00:03:49,046 --> 00:03:51,006

They'll continue with their afternoon activities.

81

00:03:51,006 --> 00:03:52,976

Again, Commander Kevin Ford continuing work

82

00:03:52,976 --> 00:03:54,726

on the thermal control system configs.

83

00:03:55,326 --> 00:03:59,796

They'll have exercise sessions,

also an EarQ hearing assessment

84

00:03:59,876 --> 00:04:02,516

which is an ongoing study for  
long-duration crew members

85

00:04:03,516 --> 00:04:06,756

and continued work with the  
Robonaut who's also shown

86

00:04:06,756 --> 00:04:09,136

in this view and  
family conferences.

87

00:04:09,786 --> 00:04:10,906

They'll wrap up their day

88

00:04:10,906 --> 00:04:12,996

with the end-of-day  
daily planning conference